

## *CIT Sporting Highlights 2010/'11*

### **Athletics**

- CIT finished 6<sup>th</sup> overall at the Irish Universities Cross Country Championships
- The Club successfully hosted the Munster Schools & Universities Cross Country Championship at CIT
- Winners of the Cork County Novice and U23 Cross Country titles
- At the Irish Universities Track and Field championships, the men's team finished in 4<sup>th</sup> position overall in the First Division Championship and the women's team finished a very creditable 2<sup>nd</sup> in the Second Division Championship

### **Badminton**

- CUSAI Division 3 Finalists
- County League Champions (Div 6 mixed)
- Division 6 Cup Finalists ( Mixed)
- Division 6 Men's Champions (Cup)
- Division 4 Ladies Finalists (Cup)
- Reached 5 Finals, winning 2

### **Ladies Basketball**

- Reached the Plate Final in the Freshers' Tournament in U.L in November.
- Winners of the Irish Colleges League 2011 beating I.T Tralee
- Reached the Semi-Finals of the Intervarsities losing by 4 points to DIT

### **Men's Basketball:**

- Unbeaten in the League Southern Conference , winning 8 from 8 games
- Irish Colleges League Finalists narrowly losing out to DBS

### **Boxing**

- Successfully hosted the Novice Intervarsities in November 2010
- Achieved 1 Gold and 1 Silver Medal in the Intervarsity
- 3 winners at the Carlow IT fight night
- 1 winner at the Rylane fight night
- 3 winners at Youghal fight night

### **Camogie**

- Ashbourne Shield Finalists

### **Canoe**

- Successfully co-hosted the Kayaking Intervarsity in Cork on the 18<sup>th</sup> - 20<sup>th</sup> February
- **Intersivity Results:** CIT finished 9<sup>th</sup> overall with Fiona Shanahan finishing 3<sup>rd</sup> in the Women's General Purpose Category

### **Equestrian**

- Competed in the Irish Universities Tetrathlon - Shooting, Swimming, Riding and Running
- Competed in the National Intervarsity Equestrian Championship hosted by WIT

### **Fencing**

- Competed in the Irish National Team Fencing Championships on the 2<sup>nd</sup> and 3<sup>rd</sup> April for the first time in the history of the Institute

### **Football**

- McGrath Cup Quarter Finalists
- Intermediate-league and Championship Finalists
- Freshers Division 1 Champions and Division 2 Semi-Finalists

### Ladies Football

- After last years' great success in the Lynch Shield, competed in the Lynch Cup-reaching the quarter final

### Golf

- Entered the ICGA Intervarsity Championships with Aoife Lowry League finishing in 3<sup>rd</sup> place overall in the women's category

### Hockey

- Winners of the Irish Universities Hockey Intervarsities for the first time in the history of CIT.
- Winners of the Irish Colleges Hockey Association Mixed Hockey Cup beating UCC by 3 goals to 2

### Hurling

- **Senior Hurling:** Competed in All Ireland Senior 'A' League; Fitzgibbon Cup; Munster GAA Waterford Crystal Cup; and Fitzgibbon Cup Semi-Finalists
- **Intermediate:** Competed in Munster Intermediate League and All Ireland Intermediate Championship
- **Fresher 1:** Played in All Ireland Fresher 1 League and Championship
- **Fresher 2:** Competed in All Ireland Fresher 'B' Leagues and Championship

### Karate

- Competed in the Karate Intervarsities on the 5<sup>th</sup> of March, hosted by DIT

### Karting

- CIT's 1<sup>st</sup> team finished 2<sup>nd</sup> overall in the CUSAI Karting Championship
- Hosted and won the 2<sup>nd</sup> Round of the Championships
- CIT's 2<sup>nd</sup> team finished 4<sup>th</sup> overall in the CUSAI Karting Championship
- Finished with 5 drivers in the top 11 in the Individual Karting Championships.

### Kickboxing

- Competed in the Rumble Kickboxing Competition in October
- Competed in the Irish Open Kickboxing Competition
- Attended and competed in the National Intervarsities hosted by I.T Blanchardstown with three students finishing in 3<sup>rd</sup> place

### Racquetball Club

- Winners of the 1<sup>st</sup> All Ireland Intervarsities
- Winners of the Munster Colleges Racquetball Intervarsities
- CIT won the 'A' and 'C' grade at both competitions

### Rock-climbing

- Attended 4 rounds of the Irish Bouldering League - Dublin, Tralee, Galway, and Cork
- Attended and competed in the Intervarsity's in Dublin

### Rowing

- 4 club members selected to trial for the U'23 Irish Rowing Squad
- 2 members attending home International trials in June

- Men's Intermediate Double Scull Winners at Cork Head of the River
- Competed in the University Championships in the NRC on the 9<sup>th</sup> April with Gillian Hosford and Shane O'Driscoll winning the Intermediate Single Scull and Richard Looney and James Davis winning the Double Intermediate Scull

### **Men's Rugby**

- Topped South Section of the Division 2 Seniors beating 4 teams
- Irish Colleges Rugby Union All Ireland Division 2 Winners and hosts of the All-Ireland Colleges Finals day

### **Ladies Rugby**

- CIT Ladies competed in the CUSAI Women's Rugby League
- Most recently the Ladies Team travelled to Carlow I.T to compete in the Women's Rugby Intervarsities

### **Sailing**

- Won the Irish Yachting Nationals
- 2<sup>nd</sup> at the Southern's Competitions
- 3<sup>rd</sup> at the Intervarsities and the Westerns
- Won Silver and Gold in the Northerns
- Successfully organised a 2 day Invitational Sailing Event

### **Men's Soccer**

- The College "A" Team- top of the Colleges Munster Premier League. Also got to the Semi-Final of the combined Universities/Colleges Tournament
- The College B team won the Umbro B Cup
- The CIT Futsal team won the regional finals in Munster. The CIT team has been invited to the World Championships in Finland in July 2011

### **Ladies Soccer**

- The ladies soccer team competed in the First Division League, the Intervarsities, Futsal, Fresher's Cup, and the Challenge Cup
- Successfully hosted the 2011 Intervarsities
- Challenge Cup Finalists

### **Surfing**

- Attended the Surfing Intervarsities held in Portrush, Antrim, reaching the Semi-Final and Final stages.
- Won the Beginners and Open Categories in the CIT V UCC competition

### **Swimming**

- Competed in the Swimming and Lifesaving Intervarsities in Kilkenny coming in 5<sup>th</sup> Overall in Lifesaving.

### **Skydiving Club**

- CIT Skydive club organised their FIRST outing with 14 students taking the plunge from the skies above Tipperary

### **Table Tennis**

- Competed in the Table Tennis Intervarsities hosted by UCD with CIT finishing in 2<sup>nd</sup> place overall

### **Tae Kwon Do**

- 9 medals from 5 competitors at the Intervarsities hosted by UCC

- 3 medals from 3 competitors at the Irish Open
- 3 medals from 3 competitors at the Blackrock Competition

**Tennis:**

- Organised local League games in Bishopstown competing against Bishopstown senior and junior teams winning 2 out of 3 games